

Diocese of Central Gulf Coast

2019 Medical / Dental Premiums for Active Members

2019 MONTHLY RATES: MEDICAL

Plan	Single	Employee + 1	Family
Consumer Directed Health Plans (with Health Savings Account)			
Anthem BCBS CDHP-40 / HSA	\$504	\$907	\$1411
Anthem BCBS CDHP-20 / HSA	\$557	\$1003	\$1560
Anthem BCBS CDHP-15 / HSA	\$624	\$1123	\$1747
Preferred Provider Plans (PPO)			
Anthem BCBS BlueCard PPO 70	\$687	\$1237	\$1924
Anthem BCBS BlueCard PPO 80	\$754	\$1357	\$2111
Anthem BCBS BlueCard PPO 90	\$831	\$1496	\$2327

2019 MONTHLY RATES: MSP MEDICAL (AVAILABLE ONLY TO ACTIVELY WORKING AGE 65+)

Plan	Single	Employee + 1	Family
Anthem BCBS BlueCard MSP PPO 90	\$665	\$1197	\$1862

2019 MONTHLY RATES: DENTAL (VOLUNTARY)

Plan	Single	Employee + 1	Family
Preventative Dental (DDPV)	\$35	\$63	\$98
Basic Dental (DD50)	\$55	\$99	\$154
Dental and Orthodontia (DD25)	\$75	\$135	\$210

IMPORTANT CONTACT INFORMATION

CPG Client Services (Customer Service):			8:30AM - 8:00PM (ET), Monday – Friday
Medical, Dental, Vision, Disability	(800) 480-9967	Website: www.cpg.org Email: mtcustserv@cpg.org	
Pensions, Life Insurance, Annuities, Retirement Savings	(866) 802-6333	Website: www.cpg.org E-mail: benefits@cpg.org	
Employee Assistance Program (EAP)	(866) 395-7794	www.CignaBehavioral.com	
Health Advocate Program	(866) 695-8622	www.healthadvocate.com	